



DECIDE BRIEFING

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DECIDE Provides Psychosocial Support to Victims of Post-Electoral Violence in Nampula, Sofala and Maputo



Following the tensions that erupted after Mozambique's electoral process, around 30 people affected by episodes of violence during popular demonstrations received psychosocial support through an intervention promoted by DECIDE, which believes this should be the first step toward reconciliation.

In this first phase, which began on 30 July 2025, assistance was directed at families residing in the provinces of Nampula (Meconta district, Nacala Porto and Nampula City), Sofala (Beira City) and Maputo (City and Province), areas that recorded high rates of deaths, injuries and arbitrary detentions. These communities now face severe challenges to their security, health and social well-being as a direct result of the instability they have experienced.

To respond to the most urgent needs, each family was able to choose what they needed most. Essential food kits, small machines to start businesses, short vocational training courses, mobile phones to support the return to school, construction materials, and more were distributed. Many beneficiaries reported difficulties in accessing public health

services, citing perceptions of stigmatization and discriminatory treatment. In response, DECIDE, in partnership with Generation 18 March, developed mitigation actions to guarantee the full exercise of human rights, particularly the right to health, physical integrity, and dignity.

Sensitive cases received special attention:

- A teenage student with reduced mobility, injured during the demonstrations, received a mobile device with internet access to continue his studies remotely in Nampula.
- Young people in Nacala-Porto and Beira who lost their main sources of income were supported with kits to start income-generating activities, promoting their economic autonomy.
- The family of a deceased victim in Nampula was assisted with supplies and materials to continue the small economic activities initiated by their late relative, ensuring some social and financial stability.



- In Beira City, a young father was shot on December 24 while on his way to work at around 8 a.m. He sustained abdominal trauma, lost his business, and the family was left without any means of livelihood or even the ability to pay rent. As an alternative, they requested DECIDE's support in paying for transport to return to their home province, Nacala.
- Also in Beira, a 24-year-old young man was shot dead by the police on December 24 while walking to work on a day when, due to the protests, there was no public transportation available. He was the sole provider for a family of six members, including children and elderly people. As necessary social assistance, the family requested construction material to repair the roof of their deteriorating house, as the rainy season approaches.
- In Maputo, support was provided to a compatriot who was shot by the police while pregnant, with the bullet piercing her bone. The support requested was a coconut grater to ensure her livelihood through this business venture, and DECIDE proceeded with the necessary support.

“Almost all families who lost loved ones or had relatives injured are living in deeply concerning conditions of vulnerability,” said Wilker Dias, Director of DECIDE, adding that at least two thousand people are in urgent need of psychosocial support and/or medication.

It is important to stress that none of the victims of the demonstrations have, to date, received any state assistance, despite their extreme vulnerability resulting from the actions of public agents.

This intervention is part of a broader effort to promote social justice, strengthen community resilience, and defend human rights, in a context where active listening, constructive dialogue, and humanitarian support are essential. Other provinces will be included in the next phases, as part of the Justice, Accountability, and Reconciliation project.

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